



Fostering the Sport of Wrestling for Lakeville Youth Since 1996

2017-18 Folkstyle Season Registration Information
www.lakevillewrestling.com

Wrestling is a sport that instills **discipline** and helps kids build **self-esteem, character,** and **sportsmanship** while developing physical **strength, endurance, balance** and **coordination**. It is a great complement to many other sports as well. Lakeville Youth Wrestling Association is for all youth (grades PK-6), beginners or advanced alike, who are interested in this great sport.

Our youth wrestlers are taught wrestling technique and coached by **JORDAN KINGSLEY**, a 4-time wrestling letter winner and 3-time Academic All-Big 10 from the University of Minnesota and a former Minnesota high school state champion from Apple Valley, Minnesota!



LYWA Coach Jordan Kingsley

Intro to Wrestling Program: Designed for beginning, first-year wrestlers of all ages, these **FREE**, fun-filled sessions focus on the basics and provides an introduction to the sport. They are designed to help carry the wrestler into the Full Season Program.

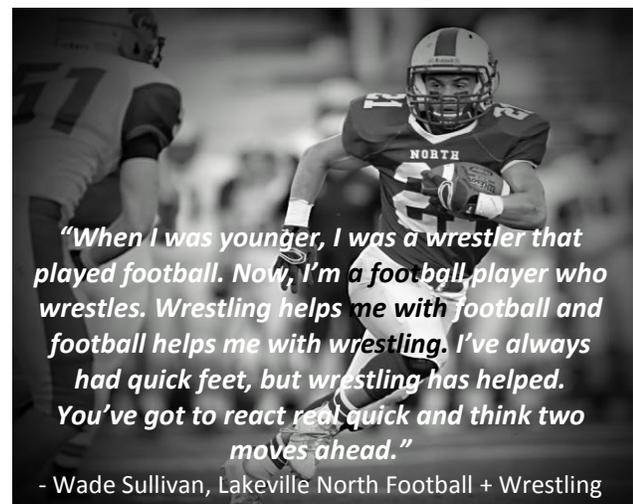
Dates: Thurs. **11/2/17** and Thurs. **11/9/17**
 Time: 6:00 –7:00 p.m.
 Location: Lakeville South High School Wrestling Room
 Cost: FREE per wrestler
 Deadline: **Register online now** (Create an account under the “REGISTRATION” tab.)



Folkstyle Season Program: Designed for the PK-6 wrestler who wants to further develop his or her wrestling skill and advance to the next level. This program is for wrestlers who have completed the Beginner Program or have previous wrestling experience. It runs 12-16 weeks, dependent on participation in late-season tournaments. Practices run Tuesdays and Thursdays, from **11/14/17 – 3/22/18** (PK-K Little Beginners season runs through 12/21/17, with option to continue). Cost is \$125 per wrestler and includes a complimentary t-shirt. **Register online now!**

	LSHS Wrestling Room	LNHS Wrestling Room
Tuesday	Grades 1-2: 6-7 p.m.	PK-K Little Beginners: 6-7 p.m.
	Grades 3-6: 7-8:30 p.m.	
Thursday	Grades 1-2: 6-7 p.m.	PK-K Little Beginners: 6-7 p.m.
	Grades 3-6: 7-8:30 p.m.	

REGISTER NOW:
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Questions? LYWAInfo@gmail.com, Jeremy Thomas 319-529-1622 or Devlin Roy 952-217-1371

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