



## 2018 Spring Freestyle & Greco Wrestling Season

- Youth and high school season kicks off: Monday, March 26
- Practice Time: 6:30 – 8:30 pm
- Youth and High School will practice together
  - Freestyle Kickoff: Monday, March 26<sup>th</sup> @ Farmington HS
    - Monday's – Farmington High School
    - Thursday's – Lakeville South High School
- Cost: \$30 – includes a free t-shirt
- MN USA Card required to participate

### Notes:

- To purchase MN USA card: <https://www.usawmembership.com/login>
- Waiver is required for participation – will be available at practices

(Must bring completed form the first night of practice)

Name: \_\_\_\_\_ Address: \_\_\_\_\_

Grade: \_\_\_\_\_ School: \_\_\_\_\_ DOB: \_\_\_\_\_ Weight: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Years of Experience: \_\_\_\_\_ MN/USA Card #: \_\_\_\_\_

I hereby release, absolve and hold harmless the Lakeville Youth Wrestling Association (LYWA); its officers and volunteers from any damage resulting from injury incurred while participating in the above-mentioned program. I/We understand that the Lakeville Youth Wrestling Association assumes no responsibility for injury before, during, or after program.

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Parent Signature

Date